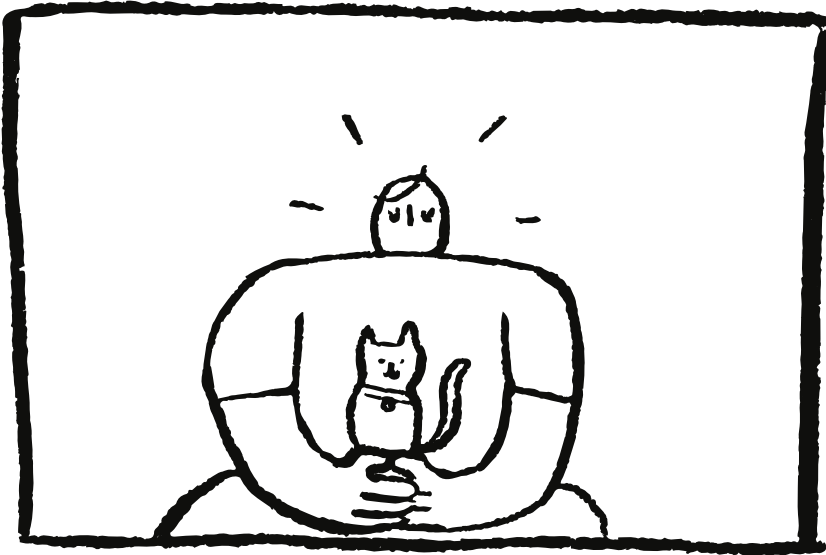


4



SIT-UPS (3x15)



JUMPING JACKS (2x60 STK.)

WORKOUT-INSPIRATION (Klick)

**CAN
DLE
LIGHT
CHAL
LENGE**

BURN IT TO THE GROUND